

# Meeting Summary Tuesday, September 27th 2022, 1:00 pm Evergreen Community Center and Library, Arteaga room (side A)

<u>Our mission:</u> Promote physical activity and good nutrition for every generation living in the greater Wichita area through people, programs, and policies.

- **1. Meeting Host Spotlight** <u>Savannah Ball</u>, Education and Engagement Manager at the Wichita Public Library shared these highlights:
  - a. The library has subscriptions to scholarly articles with health research. Click <a href="here">here</a> to access it with your library card.
  - b. The storywalk book will be changing to "Come Walk With Me" in honor of Walktober.
  - c. Coordinate with Savannah to use the mobile (pages of a book on yard signs) story walk at events.
  - d. The library has secured funding for 5 more storywalks in Wichita!

### 2. Coalition Updates

- a. The 17th annual Working Well Conference was a success! With 70+ different organizations attending the conference, the potential reach of full-time employees that will benefit from information learned at the conference is over 47,600! The conference is moving to a new month Save The Date for April 11th 2023.
- b. Food Council Update the first ordinance reading to approve the Food & Farm Council is tentatively scheduled for 10/11 (City) and 10/12 (County). This will officially be announced as soon as the agenda reports are finalized.
- c. <u>Walktober</u> 110 have signed up and registration will continue. Promote this FREE, month-long physical activity initiative to all!
- d. Coalition Assessment After three years of transition, the HWC has hired Armbruster Consulting for Strategic Planning. Following key informant interviews, the Advisory Council met in July for a SWOT analysis and more. Now it is time to engage the full Coalition. Please fill out this survey by Friday, October 21st.

#### 3. Networking/Good News/Upcoming Activities/Events

- a. Jessica at ChildStart shared about their worksite wellness program upcoming focus and the success of a staff survey completed after attending the UCLA training. They are also adding extra incentives for participating in Walktober
- b. Alex has been hired for worksite wellness with Sedgwick County Health Department employees at five locations. He has started with an icebreaker bingo, a wellness newsletter, and partnering with WorkWell KS.
- c. Daisy discussed the Community Health Improvement Plan and invited everyone to attend development meetings to begin working together on goals for a healthier Sedgwick County. Please join us to: Help develop the CHIP, Let your voice count, Commit to workgroups starting in 2023 as they align with your expertise or interest. RSVP <a href="here">here</a> To learn more or if you have questions contact Daisy, Community Health Analyst at <a href="mailto:Daisy.Urbina-Ceja@sedgwick.gov">Daisy.Urbina-Ceja@sedgwick.gov</a>
- d. Kansas Legal Services continues to offer a foreclosure program in addition to other services. Contact <u>Michelle</u> to learn more. Now serving fruit infused water at their worksite following the Working Well Conference!
- e. <u>Hillary</u> is recruiting volunteers for the Compere Mentoring Program with the Mental Health Association. Mentors are trained in mental health and pass on opportunities for physical activity because of the connection between mental health and physical activity.
- f. Y 360 is an extension of the YMCA with on demand exercises and total health/well being programming. This week's new release children's literacy. Contact <u>Lianna</u> to learn more.
- g. Consuelo 4 Health Facebook page

h. If you have a potential project for high school students, contact Patty

## 4. Story Walk

#### **Remaining 2022 Meetings:**

October 25th - 1:00 Coalition Meeting and 1:30-2:30pm Service Project at the Kansas Food Bank November 29th 1-3pm at WSU CEI Harvester Room - Special 2 Hour meeting discussing Coalition results\*\* Note the new date!

December 27th - Meeting canceled - enjoy your holidays

